

INGRID SPINDLE LENGHT	INGRID CHAINRINGS and SPIDERS	CHAINLINE	DROPOUT FITTING (rear hub spacing)
L136	All INGRID chainrings 76 BCD spider - 3mm offset	52 mm	148 mm (boost)
	110x5 BCD spider	48 mm (with 2x chainrings) 51.5 mm (with 1x chainrings)	
	76 BCD spider - 6mm offset	49.5 mm	142 mm
L131	All INGRID chainrings 76 BCD spider - 3mm offset	49.5 mm	
	110x5 BCD spider	45.5 mm (with 2x chainrings) 49 mm (with 1x chainrings)	